

Approved
MEETING MINUTES
STATE CONSUMER AND FAMILY ADVISORY COMMITTEE

May 8, 2008

Present: Beaufort Bailey, Wilda Brown, Zack Commander, Bill Cook, Kathy Crocker, Carol DeBerry, Judy Dempsey, Libby Jones, Ron Kendrick, Carl Noyes, Marian Spencer, Andrea Stevens, David Taylor Jr., Amelia Thorpe and Cynthia Vester.

Absent: Terry Burgess, Marianne Clayter, Tisha O'Neal-Gamboa and Carl Britton-Watkins.

Staff Present: Dr. Mike Lancaster, Chris Phillips, Ann Remington, Cathy Kocian, Leesa Galloway and Angela Harper.

Guests: Carolyn Anthony, Fred Johnson and Judy Taylor.

Presenter & Topic	Discussion	Action
Welcome: Ron Kendrick, SCFAC Vice Chair	<ul style="list-style-type: none">The meeting was called to order at 9:30 AM.	The agenda was approved with changes. The April 2008 minutes were approved with changes.
Public Comments/Issues	<ul style="list-style-type: none">Andrea Stevens stated that she had been informed that vocational rehabilitation vendors are receiving the IRS mileage reimbursement rate of \$.505 per mile since February 2008. She said that she would like this verified.Leesa Galloway, Division of MH/DD/SAS Planning Team Member, requested feedback from SCFAC members on a consumer friendly Housing brochure that is currently being developed. SCFAC members suggested that the DHHS Care-Line 1-800-662-7030 be included in the brochure. The development of a web-based, county specific search engine that would guide consumers to the county of their choice for housing was also suggested.Angela Harper, Division of MH/DD/SAS Housing Specialist provided SCFAC members with contact information for each LME Housing Coordinator to assist consumers in locating affordable housing. In addition, Angela asked SCFAC members to review and respond to a survey titled <i>Housing Needs Survey, 2008 Division of MH/DD/SAS</i>.The NAMI walk is scheduled for Saturday, May 17, 2008 at the Dorothea Dix campus.David Taylor, Jr. stated that there is a need to get information out to the DD community regarding proposed changes to the current CAP MR/DD waiver. <i>Implementation Bulletin #43</i> has current information and updates on the proposed waiver changes and can be reviewed at: http://www.ncdhhs.gov/mhddsas/servicedefinitions/servdefupdates/dmadmh5-5-08update43.pdf	Cathy Kocian will contact the budget office and inquire on the rate of pay for vendors versus boards and committee member's rate of mileage reimbursement. SCFAC members agreed to submit additional housing brochure comments and recommendations to Leesa Galloway via email by May 16, 2008. Angela Harper will follow up on the SCFAC's request to create a link on the Division's NC Residents web page allowing consumer access to housing contacts for each of the LMEs. Kathy Crocker will draft a white paper on the proposed CAP MR/DD waiver changes for SCFAC to review at the June SCFAC meeting.

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Discussion with Division Leadership Dr. Mike Lancaster	<ul style="list-style-type: none">• Dr. Mike Lancaster participated in a discussion with SCFAC members regarding the Mercer report. The Mercer Report addresses three areas of LME performance:<ol style="list-style-type: none">1. Financial and business management operations,2. Information technology and claims management and3. Clinical operations and governance.• Dr. Lancaster stated that the Division is focusing on the continuum of necessary services to be offered by providers. He pointed out that the Mercer report identified potential administrative cost reductions that could be accomplished with LME regionalization. Several LMEs have used the findings of the Mercer report to make improvements in areas needing improvement.• Members of the committee expressed concerns that providers are being negatively impacted by the multiple and sometimes duplicative monitoring entities.• SCFAC members discussed the level of consumer and family involvement in DHHS-DMH/DD/SAS workgroups. Chris Phillips informed SCFAC members that a new workgroup is being created under the direction of the Secretary to review all service definitions with embedded case management. The charge to this group will be to remove the case management activity and language from these definitions and create a stand alone case management service definition in anticipation of potential federal requirements.• Dr. Lancaster reported that the LOC proposals currently contain a total request for fifty million dollars for DMH/DD/SAS and that the Governor's budget is requesting more than that amount. A committee member stated that the DD Consortium has written letters to the legislature regarding the costs of medical needs of the consumers they represent. Dr. Lancaster agreed that more money is needed for services in all three disability categories.• Dr. Lancaster advised SCFAC members that the Secretary's Crisis Plan includes a proposal to hire 30 psychiatrists as state employees to oversee the immediate care of consumers. In addition, the Secretary and the LOC are recommending that 30 million dollars be allocated to allow contracting for the use of community hospital beds for consumers needing that level of service. This would decrease state hospital admissions and allow consumers to be treated closer to home which would facilitate the development of community supports and allow treatment teams to have immediate access. Dr. Lancaster discussed crisis walk-in clinics which would provide 2-5 sessions while transitioning consumers to providers in the community. These services would be available to individuals coming out of hospitals, prisons, etc.• SCFAC members discussed competency requirements for QPs, Paraprofessionals and Associate Professionals.	
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	<ul style="list-style-type: none"> • Dr. Lancaster shared information on the <i>Mental Health First Aid Training and Research Program</i>, a best practice model adopted in Australia and currently being used in Maryland. Carl Noyes stated that he has already “Americanized” the program and would be willing to share his document with SCFAC members and the Division. 	Carl Noyes to share the “Americanized” version of the <i>Mental Health First Aid Training</i> document and provide an overview to the SCFAC in June.
Mercer Report	<ul style="list-style-type: none"> • SCFAC members reviewed a draft letter to be sent to the Secretary in response to his recommendations to the LOC. The committee approved the letter with changes. • The committee reviewed the LOC recommendations to the General Assembly. A SCFAC member stated that they do not want money spent on another gap analysis. The members agreed to draft a letter in response to the LOC recommendations addressing the following: <ul style="list-style-type: none"> ○ Their opposition to funding another gap analysis, ○ Improved management of funding and ○ The development of a tiered rate structure for Community Support Services. 	<p>Cathy Kocian will make the approved changes and distribute the letter to the Secretary, LOC and ELT. In addition, the letter will be posted to the SCFAC web page.</p> <p>Wilda Brown, Judy Dempsey and Ron Kendrick will develop and finalize a letter to the LOC. Upon completion, the letter will be sent to the SCFAC members via email for final approval.</p>
CFAC Leadership Training 2008 Ann Remington	<ul style="list-style-type: none"> • Ann Remington informed SCFAC members that a 2-day CFAC leadership training will be offered that will target 2 members from each CFAC who are in leadership roles. One of sessions will provide CFAC leaders an opportunity to make recommendations for future trainings should more funding become available. 	
SCFAC Training Ann Remington	<ul style="list-style-type: none"> • Ann Remington asked SCFAC members if they were interested in receiving training on quality management and crisis services from the statewide service system perspective. SCFAC members indicated that they would welcome this training opportunity. 	Cathy Kocian and Ann Remington will make arrangements for the training to occur in June, 2008.
Statute Review Ann Remington	<ul style="list-style-type: none"> • SCFAC members received a review of N.C. General Statute 122C 170-171 <i>Local and State Consumer and Family Advisory Committees (CFACs)</i>. The purpose of the review was to establish a clearer understanding of the local CFACs’ roles and responsibilities. 	
Nominating Committee 2008	<ul style="list-style-type: none"> • Ron Kendrick has accepted the nomination for SCFAC Chair and Wilda Brown has accepted the nomination for Vice Chair for the June 2008 SCFAC elections. The new officers will take office effective July 1, 2008 - June 30, 2010. Members may also make nominations from the floor. 	
SCFAC Bylaws	<ul style="list-style-type: none"> • The bylaws were reviewed by SCFAC members and changes were approved as written in several sections. Upon further review and discussion, SCFAC members requested additional changes to the bylaws addressing meeting attendance and recruitment of members. 	Bylaws to be reviewed again at the June 2008 meeting.
Critical Issues Sub-Committee:	<ul style="list-style-type: none"> • SCFAC members discussed using time during the June 12, 2008 meeting to 	Ron Kendrick will develop a review

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Ron Kendrick	address critical issues in smaller workgroups. Three members agreed to facilitate discussion within the small groups. The intention is to develop a list of items that SCFAC members have previously identified as needing to be addressed, procedural activities that have worked well for the committee over the past year, improvements that can be made and discussion of a potential new format for SCFAC meetings.	sheet for distribution to SCFAC members by May 13, 2008 for comments and feedback.. Andrea Stevens, Cynthia Vester and Wilda Brown will facilitate workgroups at the June 2008 meeting.
Next Meeting Date	The next meeting is scheduled for June 12, 2008 from 9:30 A.M. – 3:00 P.M. The meeting will be held in the Four Sisters Room at the Clarion Hotel State Capital, 320 Hillsborough Street, Raleigh, NC.	
June 2008 Meeting Agenda	Approval of the Agenda. Approval of the May 2008 minutes. Discussion with Division Leadership. Public Comment & Issues Session. SCFAC Elections. Mental Health First Aid Training of Research Program. SCFAC bylaws approval. Review CAP MR/DD White Paper. Critical Issues Workgroups. SCFAC Sub-Committee Written Reports. Critical Issues: Technical assistance, Priority list and Lack of awareness and Unified voice.	
Future Discussion	<ul style="list-style-type: none"> Representative Lucy Allen-State Travel Policies 	